

Level 2/Copper I and Level 3/Copper II

- Reminder, registration is due before the 1st of each month to avoid a late fee and ensure eligibility to practice.
- **Practice Times**
 - **Level 2 (1, 2 or 3 Times a week)**
 - Monday 4:15pm-6:15pm
 - Wednesday 4:30pm-6:30pm
 - Friday 5:15pm-7:00pm
 - **Level 3 (2 or 3 Times a week)**
 - Tuesday 4:30-6:45pm
 - Wednesday 6:00pm-8:00pm
 - Thursday 4:30pm-6:45pm
- Team Parents Meetings (choose one to attend)
 - 6pm, HHSC Room 136
 - Monday, September 15th
 - Tuesday, September 23rd
 - Wednesday, September 24th
- Tuesday, October 14th
 - Board Meeting 2025 Season Recognition
 - 5:50pm, Hyland Hills Administration Building – Board Room
- Thursday, October 16th
 - Warm-Up Fee Due
- Friday, October 31st
 - No Practices/Open Gym
- Saturday, November 1st
 - Girls Team Night
- Thursday, November 13th
 - Leotard Fee Due
- Thursday, November 27th
 - Closed – No Practices
- Thursday, December 11th
 - Half or All of League Fee Payment Due
- December 22nd, 29th, 30th
 - Camp 9:30am-3:30pm
 - Register for all 3 days or single day
- December 22nd – January 2nd
 - Break – No Practices/Open Gym

CARA Girls Optionals

- Reminder, registration is due before the 1st of each month to avoid a late fee and ensure eligibility to practice.
- **Practice Times**
 - **Optionals (2, 3, or 4 Times a week)**
 - Monday 5:30pm-8:30pm
 - Wednesday 5:30pm-8:30pm
 - Thursday 6:15pm-8:45pm
 - Friday 5:30pm-8:30pm
- Team Parents Meetings (choose one to attend)
 - 6pm, HHSC Room 136
 - Monday, September 15th
 - Tuesday, September 23rd
 - Wednesday, September 24th
- Tuesday, October 14th
 - Board Meeting 2025 Season Recognition
 - 5:50pm, Hyland Hills Administration Building – Board Room
- Thursday, October 16th
 - Warm-Up Fee Due
- Friday, October 31st
 - No Practices/Open Gym
- Saturday, November 1st
 - Girls Team Night
- Thursday, November 13th
 - Leotard Fee Due
- Thursday, November 27th
 - Closed – No Practices
- Thursday, December 11th
 - Half or All of League Fee Payment Due
- December 22nd, 29th, 30th
 - Camp 9:30am-3:30pm
 - Register for all 3 days or single day
 - Optionals Routines
- December 22nd – January 2nd
 - Break – No Practices/Open Gym

If you would like to receive fundraising information, please contact the Hot Shots Parents Group at hhghotshots@gmail.com

CARA Boys

- Reminder, registration is due before the 1st of each month to avoid a late fee and ensure eligibility to practice.
- **Practice Times**
 - **Boys (1 or 2 Times a week)**
 - Monday 6:30pm-8:30pm
 - Friday 4:30pm-7:00pm
- Team Parents Meeting
 - 7pm, HHSC Room 136
 - Monday, September 22nd
- Tuesday, October 14th
 - Board Meeting 2025 Season Recognition
 - 5:50pm, Hyland Hills Administration Building – Board Room
- Friday, October 31st
 - No Practices/Open Gym
- Thursday, November 27th
 - Closed – No Practices
- December 22nd, 29th, 30th
 - Camp 9:30am-3:30pm
 - Register for all 3 days or single day
- December 22nd – January 2nd
 - Break – No Practices/Open Gym

If you would like to receive fundraising information, please contact the Hot Shots Parents Group at hhghotshots@gmail.com